

Villawoods BTC R4 2023 Series

Results by Category: Short C Tri

Date: 04 Dec 2022

Pos	No	Name	H'Cap Time	H'Cap	Raw Time	Swim	T1	Cycle	T2	Run
1	260	Lyn SEBIRE	00:23:47	-00:20:18	00:44:05	00:07:15	00:00:59	00:19:26	00:00:39	00:15:44
2	274	Simon BROWN	00:23:56	-00:07:15	00:31:11	00:05:39	00:00:36	00:14:36	00:00:25	00:09:54
3	259	Jess BROWN	00:24:00	-00:17:25	00:41:25	00:05:38	00:00:57	00:21:11	00:00:28	00:13:09
4	257	Greg CROFT	00:24:28	-00:10:01	00:34:29	00:05:15	00:00:51	00:16:26	00:00:52	00:11:04
5	290	Steve MONIGATTI	00:31:00	-00:00:01	00:31:01	00:05:23	00:00:41	00:14:36	00:00:33	00:09:47
6	281	Antonia WILSON	00:36:30	-00:00:01	00:36:31	00:06:06	00:00:44	00:17:14	00:01:06	00:11:20
7	284	Jenna BRIAN	00:43:25	-00:00:01	00:43:26	00:05:34	00:01:36	00:22:07	00:00:43	00:13:23