

Villawoods BTC R7 Club Champs March 2023

Results by Category: Long C Tri

Date: 19 Mar 2023

Pos	No	Name	Time	Swim	T1	Cycle	T2	Run
Male : 20-29								
1	242	Mitch WHITHAM	01:07:29	00:07:58	00:00:43	00:36:58	00:00:43	00:21:04
2	321	Will COUTTS	01:07:35	00:07:56	00:00:26	00:37:08	00:00:30	00:21:34
3	298	Harrison BENNEWITH	01:20:39	00:08:39	00:00:30	00:44:13	00:00:25	00:26:49
Female : 20-29								
1	326	Mikala MCNEILL	01:26:08	00:09:34	00:00:34	00:49:00	00:00:32	00:26:26
2	324	Isobella ROSSIDIS	01:38:19	00:10:30	00:01:18	00:56:00	00:00:28	00:30:01
3	325	Michelle PITS	01:41:50	00:12:21	00:00:43	00:51:56	00:00:41	00:36:07
Male : 30-39								
1	238	Michael SPENCER	01:04:42	00:08:20	00:00:30	00:31:58	00:00:39	00:23:13
Male : 40-49								
1	239	Gavin HICKS	01:03:03	00:08:35	00:00:30	00:32:00	00:00:37	00:21:19
2	277	Troy MORRIS	01:11:44	00:10:01	00:00:44	00:34:24	00:00:36	00:25:57
3	280	Greg CARTER	01:13:57	00:10:00	00:00:47	00:36:15	00:00:57	00:25:56
Female : 40-49								
1	253	Michelle SCOTT	01:27:56	00:11:50	00:01:02	00:40:36	00:00:40	00:33:46
Male : 50-59								
1	294	Tony VLAEMINCK	01:05:49	00:08:36	00:00:36	00:33:38	00:00:37	00:22:20
2	240	Peter COWELL	01:05:57	00:08:05	00:00:58	00:35:10	00:00:41	00:21:01
Female : 50-59								
1	244	Alison CARTNER	01:18:59	00:10:23	00:00:44	00:40:56	00:00:38	00:26:16