## Villawoods BTC R7 Club Champs March 2023

Results by Category: Short C Tri

Date: 19 Mar 2023

Pos	No	Name	Time	Swim	T1	Cycle	T2	Run
Male : Open								
1	327	Wallis COLLINS	00:31:46	00:04:32	00:00:33	00:17:51	00:00:22	00:08:25
2	257	Greg CROFT	00:34:19	00:05:45	00:00:57	00:15:49	00:00:51	00:10:56
3	272	Gavin FIEDLER	00:35:18	00:05:35	00:00:45	00:16:18	00:00:35	00:12:02
4	261	Joel CRUMP	00:44:16	00:07:29	00:01:08	00:19:27	00:01:02	00:15:08
Female : Open								
1	256	Sophie HAWKEN	00:31:34	00:04:58	00:00:25	00:15:31	00:00:23	00:10:15
2	259	Jess BROWN	00:36:55	00:05:51	00:00:23	00:17:55	00:00:17	00:12:27
3	322	Emily COUTTS	00:37:25	00:05:38	00:00:24	00:18:20	00:00:19	00:12:42
4	260	Lyn SEBIRE	00:45:33	00:07:09	00:01:13	00:21:16	00:00:37	00:15:16